

Friends and Family Test

GPs have a contractual obligation to offer the Friends and Family Test (FFT). The FFT asks patients and their carers if they would recommend the services they have used and offers a range of responses. The FFT provides a mechanism to highlight both good and poor patient experience.

This kind of feedback is important to help us make the changes that make a real difference to patients and to support patient choice.

Please pick up a response card in reception or in the waiting room, complete it and either post in the red box or return to reception. Thank you



We have a new website.

www.rowcroftmc.nhs.uk

Please make sure your browser is taking you to the new website

Online Services

Please register at reception to access your medical records online.

This is the easiest way to book appointments, order medication and check results
Just provide our receptionist with photo ID and proof of address
We will do the rest

July17

ROWCROFT MEDICAL CENTRE

www.rowcroftmc.nhs.uk

Fax: 01453 755247

Tel: 01453 764471

NEWS

NHS Health Check

Helping you prevent diabetes, heart disease, kidney disease, stroke and dementia

As we get older, we have a higher risk of developing conditions like high blood pressure, heart disease or type 2 diabetes. Your free NHS Health Check can spot early signs and help prevent these happening to you, which means you'll be more likely to enjoy life for longer.

The check is based on straight forward questions and measurements such as age, sex, family history, height, weight and blood pressure. A simple blood test to measure your cholesterol and blood sugars may also be appropriate. Following the check you will receive free personalised advice about what you can do to stay healthy.

If there are any warning signs then together we can do something about it. By taking early action you can improve your health and prevent the onset of these conditions.

If you would like to take advantage of this **free health check** and you are aged between 40 & 74 please contact the receptionist and make an appointment to see our Health Care Assistant.



Like us on Facebook



Flu Clinics start

Saturday 30th September

If you are eligible please contact reception or book an appointment online

Patient Participation Group

Did you know that every GP Surgery is now required to have a PPG?

The Patient Participation Group (PPG) is a group of patients at a surgery who have an interest in the services provided. Patient Participation Groups cross barriers, embrace diversity and work in partnership with the surgery to improve common understanding and help identify new services to meet patients' needs.

Every registered patient at Rowcroft is a member of our Patient Participation Group, but if you are interested in getting more involved please contact the Practice Manager, or if you have something to say or ideas to share but you don't have time to attend meetings, please consider joining our PPG forum. It's completely free to use.

Check out the PPG forum today! <http://www.myppg.co.uk>

Private Travel Clinic Advice

You may find it more convenient to consider seeking advice from a Private Travel Clinic and we can recommend those listed below

The Cheltenham Travel Clinic

11 Royal Crescent, Cheltenham, GL50 3DA - Tel: 01242 580248
<http://www.cheltenhamtravelclinic.co.uk/contact.html>

Nomad Travel Clinic,

Bath & Bristol

<http://www.nomadtravel.co.uk>

01341 555061

Pavilion Surgery Gloucester

(open to anyone)

Travel Clinic is on Tuesday afternoons and evenings from 15:00 to 19:30 at Pavilion Surgery, 153a Stroud Road, Gloucester, GL1 5JJ. Please phone 01452 876150 to book an appointment.

If you plan to use a Private Travel Clinic they will need to know your vaccination history. If you don't have online access to your medical record please bring photo ID and proof of residency to reception and we can arrange this for you

Please note that Rowcroft is no longer a Yellow Fever Vaccination Centre

Local Yellow Fever Centres

Leckhampton Surgery - 0844 477 2432

Boots Cheltenham High Street - 01242 527084

Working Well @GRH open to public - 01452 2894480

